

## DAFTAR PUSTAKA

- Anggoro, W. J dan Widhiarso, W. 2010. Konstruksi dan Identifikasi Properti Psikometris Instrumen Pengukuran Kebahagiaan Berbasis Pendekatan Indigenous Psychology: Studi Multitrait-Multimethod. *Jurnal Psikologi*. Vol. 37, No. 2, 176 – 188.
- Arnez, M. 2009. Journal of Islamic Studies. Empowering Women Through Islam: Fatayat NU Between Tradition And Change, 21 (1), 59-88.
- Azwar, S. 2009. *Dasar-Dasar Psikometri*. Yogyakarta: Pustaka Pelajar.
- Boehm, J. K dan Lyubomirsky, S. 2008. Does Happiness Promote Career Success?. *Journal of Career Assessment*. Vol. 16 No. 1, 101–116.
- Boehm, J. K dan Lyubomirsky, S. Dalam penerbitan. Enduring Happiness. Dalam S. J. Lopez (Ed.), *Handbook of Positive Psychology*. Oxford University Press.
- Carr, A. 2004. *Positive Psychology. The Science of Happiness and Human Strengths*. New York: Brunner-Routledge.
- Chang, W. 2009. Religious Attendance and Subjective Well-being in an Eastern-Culture Country: Empirical Evidence from Taiwan. *Marburg Journal of Religion*. Vol. 14, No. 1.
- Csikszentmihalyi, M dan Hunter, J. 2003. Happiness In Everyday Life: The Uses Of Experience Sampling. *Kluwer Academic Publishers. Printed in the Netherlands. Journal of Happiness Studies* 4: 185–199.
- Data statistik SMA tahun 2011-2012. Kementerian Pendidikan dan Kebudayaan Republik Indonesia. <http://kemdikbud.go.id/kemdikbud/node/2322>. Diakses tanggal 30 Mei 2014.
- D'raven, L.L dan Pasha-Zaidi, N. 2014. Happiness Strategies Among Arab University Students In The United Arab Emirates. *The Journal of Happiness dan Well-Being*, Vol. 2, No. 1.
- Froh, J. J; Sefick, W. J dan Emmons, R. A. 2008. Counting Blessings In Early Adolescents: An Experimental Study Of Gratitude And Subjective Well-Being. *Journal of School Psychology*. 46, 213–233.
- Hansen, D.M., Larson, R.W., dan Dworkin, J.B. 2003. What Adolescents Learn In Organized Youth Activity: A Survey of Self-Reported Developmental

- Experiences. *Journal of Research on Adolescence*, 13 (1), 25-55. Society for Research on Adolescence.
- Haybron, D.M. 2001. Happiness and Pleasure. *International Phenomenological Society*. Vol. 62, No. 3 pp. 501-528.
- Honkanen, H. K; Honkanen, R; Viinamäki, H; Heikkilä, K; Kaprio, J dan Koskenvuo, M. 2000. Self-reported Life Satisfaction and 20-Year Mortality in Healthy Finnish Adults. *American Journal of Epidemiology*. Vol. 152, No. 10.
- Indrayanti., Yuniarti., K.W., Adiwibowo, I.R., dan Kim, U. 2010. Bagaimana Laki-laki dan Perempuan Percaya (Trust) Pada Orang Asing?: Sebuah Studi Psikologi Indigenus. *Center for Indigenous dan Cultural Psychology Faculty of Psychology, Universitas Gadjah Mada*.
- Jaafar, J. L; Idrisb, M. A; Ismunic, J; Feid Y; Jaafare, S; Ahmad, Z; Ariff, M. R. M; Takwinh, B dan Sugandi, Y. S. 2012. The Sources of Happiness to the Malaysians and Indonesians: Data from a Smaller Nation. *Procedia. Social and Behavioral Sciences*. 65, 549 – 556.
- Jaafar, J. L. S; Muhamad, H; Hanapiah, S. A. A; Afiatin, T, dan Sugandi, Y. 2008. The Index of Happiness of the Malaysian and Indonesian Peoples.
- Kitayama. 2000. Culture, Emotion, and Well-being: Good Feelings in Japan and The United States. *Cognition And Emotion*, 14, 1, 93- 124
- Lyubomirsky, S. 2008. *The How of Happiness. A New Approach to Getting The Life You Want*. USA: Penguin Books.
- Lyubomirsky. S; King. L dan Diener. E. 2005. The Benefits of Frequent Positive Affect: Does Happiness Lead to Success?. *Psychological Bulletin*. Vol. 131, No. 6, 803–855.
- Lyubomirsky, S dan Layous, K. 2013. How Do Simple Positive Activities Increase Well-Being?. *Sage. Current Directions in Psychological Science*. Vol. 22, No. 1, 57-62.
- Lyubomirsky, S; Sheldon, K.M dan Shackade, D. 2005. Pursuing Happiness: The Architecture of Sustainable Change. *Review of General Psychology*. Vol. 9, No. 2, 111-131.
- McKay, C. 2012. The Psychological Benefits Of Participation In Leisure Pursuits For Adolescents. *University of New Hampshire Scholars' Repository Honors Theses Undergraduate Student Research*.

- Mujamiasih, M; Prihastuty, R, dan Hariyadi, S. 2013. Subjective Well Being (SWB): Studi Indigenous Karyawan Bersuku Jawa. *Journal of Social and Industrial Psychology*. Vol. 2, No. 2.
- Nima, A.A; Archer, T dan Garcia, D. 2012. Adolescents' Happiness-Increasing Strategies, Temperament, and Character: Mediation Models On Subjective Well-Being. *Health*. Vol.4, No.10, 802-810.
- Oetami, P dan Yuniarti, K.W. 2011. Orientasi Kebahagiaan Siswa SMA, Tinjauan Psikologi Indigenous Pada Siswa Laki-Laki dan Perempuan. *Humanitas*, Vol. VIII, No.2.
- Oswald, A. J; Proto, E dan Sgroi, D. 2009. Happiness and Productivity. *Discussion Paper. IZA*. No. 4645.
- Papalia, D. E; Olds, S. W dan Feldman, R.D. 2008. *Human Development (Psikologi Perkembangan)* edisi kesembilan. Jakarta: Kencana.
- Prawitasari, J. E. 2011. *Psikologi Klinis: Pengantar Terapan Mikro dan Makro*. Jakarta: Erlangga.
- Prot, S., McDonald, K.A., Anderson, C.A., Gentile, D.A. 2012. Video Games: Good, Bad, or Other?. *Elsevier*.
- Priwati, A. R. 2013. Contributing Factors on Adolescents' Happiness Across Sex: An Indigenous Psychological Analysis. *Indigenous and Cultural Psychology Working Paper Series*. Issue 5.
- Primasari, A dan Yuniarti, K. W. 2012. What Make Teenagers Happy? An Exploratory Study Using Indigenous Psychology Approach. *International Journal of Research Studies in Psychology*. Vol. 1, No. 2, 53-61.
- Rarasati, N; Hakim, M. A dan Yuniarti, K. W. 2012. Javanese Adolescents' Future Orientation and Support for its Effort: An Indigenous Psychological Analysis. *World Academy of Science, Engineering and Technology*. Vol. 66.
- Santrock, J. W. Terj. Benedictine Widiasinta. 2012. *Life-Span Development. Perkembangan Masa Hidup* (edisi 13), jilid I. Jakarta: Erlangga.
- Santrock, J. W. Terj. Benedictine Widiasinta. 2007. *Remaja* (edisi 11), jilid I. Jakarta: Erlangga.
- Shaughnessy, J.J; Zechmeister, E.B dan Zechmeister, J.S. Terj. Helly Prajitno S dan Sri Mulyantini S. 2007. *Metodologi Penelitian Psikologi* (edisi ketujuh). Yogyakarta: Pustaka Pelajar.

- Seligman, M.E.P. Terj. Eva Yulia Nukman. 2005. *Authentic Happiness: Menciptakan Kebahagiaan dengan Psikologi Positif*. Bandung: Mizan.
- Sheldon, K. M dan Lyubomirsky, S. 2004. Achieving Sustainable New Happiness: Prospect, Practices, and Prescription. Dalam A. Linley dan S. Joseph (Ed.), *Positive Psychology In Practice* (127-145). Hoboken, NJ: John Wiley dan Sons.
- Thompson, A.M., Rehman, L.A., dan Humbert, M.L,. 2005. Factors Influencing the Physically Active Leisure of Children and Youth: A Qualitative Study. *Leisure Sciences*, 27: 421–438. Taylor & Francis Inc.
- Tkach, C dan Lyubomirsky, S. 2006. How Do People Pursue Happiness?: Relating Personality, Happiness-Increasing Strategies, and Well-Being. *Journal Of Happiness Studies. Springer*. Vol. 7, 183-225.
- Uchida, Y; Norasakkunkit, V dan Kitayama, S. 2004. Cultural Constructions Of Happiness: Theory And Empirical Evidence. *Journal Of Happiness Studies* 5: 223–239.
- Wallner, F. G dan Jandl, M. J. 2010. Makna Realisme Konstruktif Bagi Pendekatan *Indigenous Psychology*. Dalam U. Kim, K. S. Yang, dan K. K. Hwang (Ed.). Terj. Helly Prajitno S dan Sri Mulyantini S. *Indigenous and Cultural Psychology, Memahami Orang dalam Konteksnya* (79-118). Yogyakarta: Pustaka Pelajar.